

# MEET THE TEAM



**Helen Polack, Regional Manager**

When she isn't busy training for marathons, she is busy trying to convince people to train for marathons.



**Dave Sharples, Area Manager**

"The Rave"



**Ben McGoochan, Regional Manager**

Also known as 'Mr Tickle'. Take from that what you will.



**Lewis Bradley, Area Manager**

His voice and stature don't correlate.



**Charlotte Haydon, Area Manager**

Her name isn't even Charlotte.



**Richard Sanderson, Assistant Area Manager**

Richard produced [this song](#), which was BBC introducing in the South's Track of the Day!



**Alex Blackwell, Area Manager**

Known around the office for his poor cups of tea.



**Hannah Rees, Divisional Manager**

Recently saw the Jonas Brothers in concert, by herself.



**Caitlin Davies, Regional Manager**

Manages Northern England but has never heard of the Angel of the North.



**Gemma Diffey, Area Manager**

Gemma's favourite film is between Aladdin and Notting Hill.



**Hannah McGeoghegan, Area Manager**

Likes Parkruns and walking llamas, yet to try Parkrunning with a llama.

Serve  
Legal